



The Edge

Community Newsletter

Vol.7 Issue 2, September, 2009



Back To School Time Again!

Tips to get your kids ready for school year

- **Tip 1: Read** – Reading helps keep the children’s minds still active and sharp for school. Get them to read a small book to you or have them follow along while you read to them.
- **Tip 2: Make sure your child gets enough sleep** - Sleep experts from the National Sleep Foundation say that children need their rest to perform well at school. Try to get them on a healthy sleeping pattern one to two weeks before school starts.
- **Tip 3: Practice handwriting and spelling** - Kids who don’t write during the summer have to relearn to write (and spell) when school starts. If anything, have them write two sentences about what they’ve done that day. Correct the spelling and ask for neat handwriting.
- **Tip 4: Healthy Eating** – Do you know that breakfast is the most important meal of the day? A good breakfast provides the nutrients that children need to start their day off right. Studies show that children who eat a good breakfast do better in school than children who do not.
- **Tip 5: Create a homework area** - Do they have a designated desk to do work at, or do they work at the kitchen table. Wherever the place may be, do a check and see that the area is ready for that first homework assignment. **Submitted by Courtney**

Arrow and Slocan Lakes
Community Services - ASECS



Margaret Driscoll from Outreach Employment Services and Tana Wethal from the Employer Wage Subsidy Program will be at The Edge on **September 10th at 10:30 AM** to talk about any employment needs or concerns. For more details call us at 269-7590

Outreach will be visiting the Edge



The Edge is offering two employment opportunities to persons aged 15 to 30. These are some of the responsibilities:

Cap YI’s

- Promote and create awareness of the CAP site, including: inform a broad range of community members about the CAP site; develop publicity and promotional materials; develop and promote accessibility awareness initiatives; organize information fairs and other promotional events; hold information sessions; promote awareness of ICT solutions to local small businesses and community organizations.
- Train the community on the effective use of ICT, including: assist the general public and target groups on basic computer and Internet use; support community members on the use of assistive technologies; deliver workshops geared at specific topics of interest.
- Provide technical support to the CAP Site.
- Help community members to develop their own websites.
- Assist with CAP Site administration, including: maintain records for the CAP Site; assist CAP Site Supervisor in the operation of the CAP Site.
- Complete and submit the mandatory reports and success stories. Initiate and/or maintain other projects, as directed by the PCNA or Industry Canada
- A Monthly Impact Report must be submitted for every month worked, in whole or in part. The Monthly Impact Report must be completed on or by the last business day of the calendar month. Youth Interns working at more than one CAP Site must complete an Impact Report for each site. In the event that more than one Youth Intern works at a single CAP Site over the course of the calendar month, the report may be submitted jointly.
- The Youth Intern must complete a Final Youth Report, on or by the last day of the work term or by March 21, 2010, whichever is earlier.
- Training Evaluation forms must be completed when the Youth Intern provides training to the public.

For more information please visit The Edge’s website at:

<http://www.edgewoodcap.ca/>

Please submit your resume and cover letter to The Edge located at 322A Monashee Ave. Edgewood or by mail. The postings close September 8, 2009.

Registered charities in Canada perform valuable work in our communities, and Canadians support this work in many ways.

The Edge’s Registered Charity #86745 45 RR0001. We welcome regular givers.

The Edgewood Community Internet Society RR#1 Site 5, Comp 18 Edgewood B.C. V0G 1J0

Phone: 250-269-7590 Fax: 250-269-7591 E-mail: edge@edgeconnection.ca



Industry Canada Industrie Canada

