

The Edge

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Never doubt that a small, group of thoughtful, committed citizens can change the world. Indeed, it is the only thing that ever has.
-Margaret Mead

Spring has returned. The Earth is like a child that knows poems.

-Rainer Maria Rilke

"In the spring, at the end of the day, you should smell like dirt." -Margaret Atwood

"In the Spring, I have counted 136 different kinds of weather inside of 24 hours." Mark Twain Kind hearts are the gardens; kind thoughts are the roots; kind words are the flowers; kind deeds are the fruits -Anon

Living together is an art.

-William Pickens

Yogalates With Richard Eichenauer

Be sure to come out to the Edgewood Elementary School Gymnasium every Thursday at 3:00pm to stretch your body and relax your mind. Bring a mat or towel and loonie.















