

The Edge

Monthly Newsletter
Volume 1 Issue 6 January 23, 2004



Back Row:

Matt Wenger, Digital Divide; Chris Ewings, Canada's Digital Collections; Larry Jones, Musical Accompanist Oh Canada; Tate Bengsto, Community Intern Lumby; Terri McLeod, Outreach; Ken Forsythe, Slocan CAP Administrator; Steve Elliman, Monashee CAP Administrator; Michael Campsall, Industry Canada; Eric Moon, Kaslo infoNet Society; Rose Sirois, Industry Canada; Mark Norris, Community Intern Vernon; Bill Penner, Manager Whatshan Lake Retreat; Blair Suffredine, MLA; Mike Flowers, Kimberley CAP Administrator; Jean Bassett, KootenArrow Network Coordinator

Middle Row:

Jennifer Wilkie, Smart Communities; Bev Collins, Manager Pacific Communities Networks Association; Jennifer Cliff-Marks, Nakusp CAP Administrator; Chandan Bhatt, Castlegar CAP Youth Intern; Karen Gaudet, Community Intern Edgewood; Christina Hillborne, Special Guest; Julie Stupiello, CBT Youth; Doug Switzer, CBT Community Liaison; John Patrick, President ALTIA; Bryan Oulton, Neil Squire Foundation; Nina Ewings, ECIS Director; Wendy Gilbert, Monashee CAP Supervisor; Thelma Patrick, Special Guest; Vince Fowler, Guest of MLA; Perry Jones, Canada's Digital Collection

Front Row:

Kirsten Koppang, Smart Communities; Ben Borley, Kaslo infoNet Society; Cliff Woffenden, Naksup CAP Supervisor; Milt Stanley, Kaslo infoNet Society; Arron Haggart, Recording Studio Manger; Rose Jones, Special Guest Vocal Lead for Oh Canada; and Jennie Jones, Canada's Digital Collections

Missing from Picture:

Bre Volansky, Canada's Digital Collections; Harry Adams, PCNA; Brandon Hughes, Regional Advisor; Eveline Smith, Edgewood Community Club; Terry Ewings, Edgewood Community Club; Banjo and Terry Allen, Guest Musicians; Bob and Cathy Watson, Guest Musicians; and Sherry Haggart, Guest Musician

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Our hours are:

Monday – Friday 9am – 5pm and 7-9pm each night except Wednesday and Saturday when the Studio is open for music recording.

We look forward to your visit! See you soon!

January has been an exciting month so far at *The Edge*. The regional workshop at the Whatshan Lake Retreat went very well and we had many people attend and gave some wonderful presentations. The goals and objectives of the workshop were to provide opportunities to explore effective technology applications in learning and community capacity building, to explore innovation and sustainability strategies for rural BC communities and to examine issues of access to technology for groups such as rural communities and youth in order to expand the network of communities using technology for citizen and community development. The contributed presentations covered many different aspects such as: digital telescopes, an address from Bev Collins of the PCNA, Blair Suffredine, MLA, Matt Wenger from the Provincial Digital Divide Project, Bryan Oulton of the Neil Squire Foundation, Brandon Hughes Canadian Rural Partnerships, Doug Switzer from CBT, Terri McLeod from Nakusp Outreach, Perry Jones from Canada's Digital Collections and Kristen Koppang and Jennifer Wilkie from Smart Choices. A major highlight of the workshop was the insightful and stimulating open discussion of the merging of the Columbia Power Corporation and Columbia Basin Trust. There is a news releases on the Columbia Basin Trust web site, so go and check them out, www.cbt.org. In Blair Suffredine's address he talked about ending the digital divide and how it was an important component in the new era document. He stated that it was the government's intention to get high speed internet access to broadband to all provincial communities including Edgewood. Participants agreed that it was a lively and fruitful agenda and thought that it was something that should happen again. The workshop group was drawn from a wide range of professions within the Community Access Program and many did not know each other before the meeting except through the internet. The KootenArrow Networks is made up of fifty CAP Sites and this workshop was an opportunity for representatives from these sites to do some real face to face networking. The workshop was a great success from the perspective of all who attended.

Quoted Jennifer Wilkie from Smart Communities, Port Coquitlam Smart Choices Innovation Center

"I feel very guilty standing up here. Kristen and I were talking about it and with all the glitzy stuff we have here (she pointed to the text on the power point presentation) you guys have done more from a grass roots perspective than our community in an urban setting has. We have made a tremendous impact but man if we had your energy and enthusiasm with these tools, (she points up to slide presentation)..."

"Congratulations to the Kootenarrows and Kaslo CAP networks on the first and highly successful regional CAP workshop in BC/Yukon. The hospitality of the Edgewood community was as warm as the fire place we sat around while listening to live musical performances by community members. The conference successfully brought together people from the surrounding region involved in community economic development, and strengthened the ties between them. Connections were made and plans were formed over numerous engaging presentations and incredible meals. It was evident throughout the workshop that the organizers worked hard to integrate CAP and community development with regionally applicable presentations and speakers from provincial, regional and federal government as well as community members. Thank you to all who were involved, and being forerunners in this regional workshop process." -**Michael Campsall**

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CAP Sites of the KootenArrow Networks

Canyon / Lister School	Lister	Invermere Career Seekers	Invermere
Castlegar and District Public Library	Castlegar	Invermere Columbia Valley Chamber	Invermere
Castlegar Station Museum	Castlegar	Invermere Family Resource Centre	Invermere
Christina Lake CAP (C of C)	Christina Lake	Invermere Public Library	Invermere
Christina Lake Elementary School	Christina Lake	Kimberley Campus College of the Rockies	Kimberley
Cranbrook - CFDC	Cranbrook	Kimberley Public Library	Kimberley
Cranbrook Academy of Learning	Cranbrook	Midway Public Library	Midway
Cranbrook Public Library	Cranbrook	Mount Sentinel School	South Slocan
Crescent Valley Brent Kennedy Elementary	Crescent Valley	Nakusp Public Library	Nakusp
Creston Kootenay Employment Services	Creston	Nelson AFKO Net	Nelson
Creston Public Library	Creston	Nelson Central Elementary School	Nelson
Edgewood The Edge	Edgewood	Nelson David Thompson Library	Nelson
Elkford Chamber of Commerce	Elkford	Nelson Municipal Library	Nelson
Elkford Public Library	Elkford	Nelson Trafalgar Jr. Secondary School	Nelson
Erickson Public Library	Erickson	New Denver TNT Pizza / Wet Rock Café	New Denver
Fernie and District Seniors Citizens Club	Fernie	Radium Chamber of Commerce	Radium Hot Springs
Fernie Public Library	Fernie	Robson Community School	Robson
Fruitvale - Beaver Valley Public Library	Fruitvale	Rossland New Media Center	Rossland
Golden Women's Centre	Golden	Salmo Community Access Program	Salmo
Grand Forks Public Library	Grand Forks	Salmo Public Library	Salmo
Greenwood Improvement Society	Greenwood	Slocan W.E. Graham Community Services	Slocan
Greenwood Museum	Greenwood	Sparwood Public Library	Sparwood
Greenwood Public Library	Greenwood	Trail - CFDC	Trail
		Trail Public Library	Trail
		Winlaw Elementary School	Winlaw
		Wynndel Adam Robertson Elementary School	Wynndel
		Wynndel Elementary School	Wynndel

Community Events

Teen Night, Tuesday's, at Legion 4:30 – 8:30
Floor Hockey, Fridays, at the school, 7pm
Slide Show, January 23rd, 7pm at *The Edge*
ECIS Meeting, January, 7pm at *The Edge*
Robbie Burns Night, January 25, 6pm at the Legion
Community Club Meeting, January 26th, 7:30pm
Grand Opening Nakusp CAP Public Library CAP Site, January 27th 2pm

If anyone has any community events to add to this calendar, please let us know!

The next newsletter will be published on March 1, 2004. Please have March events submitted to us before this date!

PICTOU CAP SUMMIT – November 19th – 23rd, 2003
The summit was held at two different heritage hotels in Pictou. This also meant two different facilitated groups. It was great to have so many BC folks in attendance – Jean Bassett from Edgewood, Doris Brock from the Peace Region, Cathryn Bucher from Bulkey Lakes, David Arnold from, Prince George, Ron Hood from Gold Country, Bryan Oulton from the Neil Squire Foundation, Robert Montgomery from Saturna Island, Gary Shearman from Victoria, Lauren Fanthome from Vancouver, Michael Campsall from Industry Canada and Al Fischer from Abbotsford. The premier of Nova Scotia stopped by to tell us how important he thought CAP was and why their province supports it. Jean Bassett, our own Edgewood CAP Champion, took the opportunity to talk to the Premier and make sure he impressed upon our own premier the importance of CAP. Thanks from all of us Jean for being so bold!
BEV COLLINS PACIFIC COMMUNITIES NETWORKS

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Technical

Fun Finders!

Visit us online @:

<http://theedge.enacre.net>
<http://cap-pac.ic.gc/bc/theedge>

By Chris Ewings

Well, December has come and gone, and everyone is finally starting to come down from their chocolate induced sugar high. Well not much tech news for me this month, but there was a Regional Workshop for the CAP Network on Monday the 19th at the Whatshan Lake Retreat, and we made a pretty cool purchase for our presentation. We got a new Sony projector, that we can attach to a PC and rather than seeing the computer desktop on a tiny monitor, we can play games, watch movies, do presentations on any flat surface! The first presentation was at the workshop for the Canada's Digital Collection project. This presentation was done by Perry Jones and everything went off without a hitch! We are looking forward to using this new equipment in the future. Anyways, as always, you can give Chris' Computer Repair a call at 269-7230 if you are having computer problems.

By Jennie Jones

Well, we've all survived the 'Holiday Season' and the month of January is blissfully free of commercialism. With no holidays looming towards us, we can all settle down for a long winter. This article is all about getting in touch with your inner self, and to do that, we need to find a happy point with our body, and our mind. Try activities that will expend a little energy, like skiing, snowboarding, skating, or snowshoeing. If you're not into the 's' activities, and let's face it, not all of us are, try some inside activity. These days aerobic activities come in all shapes and sizes, you could try something like Pilates, Tae Bo, Yoga, Tai Chi. Belly-dancing is a great exercise. Then there's food. We've all had enough of the rich foods left over from December's festivities, and chances are you have a cellar full of squash, cabbages, potatoes etc. just waiting to be eaten. Try some new foods! There are literally thousands of pages of recipes on the Internet that are just waiting to be your new favorite way to eat any of your veggies. Now what about our mind? Winter is filled with darkness and cold, and Seasonal Affective Disorder (SAD) is common around these parts. Television is a good way to relax, but also, try some reading, maybe puzzles, or some fun with neighbors, like board game night, or card night.
<http://www.veenaandneena.com> - This site is great! It's filled with alternative recipes, health tips, and of course it has all of their publications for sale (I can personally recommend their stuff).
<http://www.pilates-method-exercise.com> - I haven't personally tried pilates, but it looks interesting, and this an extensive site.
<http://www.foodtv.ca> - This website is just FULL of recipe goodness! New and exciting stuff!
<http://www.amazon.ca> - If your looking for new books, these are full of downloadable literature, and sometimes really helpful user reviews.

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Financial Report

Wow! We have recently received the first installment of Community Access Program sustainability funding and the cheques will be issued to the fifty Community Access Program Sites in our KootenArrow Networks by the first week of February 2004

The special at *The Edge* this month is Web Page creation! If you would like to learn how to build web pages with Dreamweaver software come down to *The Edge* and we can help! The next date is February 10 and please note the time change from 3:30-5 instead of 1-3!

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